

A man in a grey tank top and black shorts is performing a battle rope exercise in a gym. He is holding a thick rope with both hands, and his legs are bent. The background shows a large gym with a high ceiling and other people in the distance. The image has a red overlay.

DAS HÄRTESTE TRAINING DER WELT – BALD BEI UNS

WAS STECKT DAHINTER?

CLEVER
fit