

KURSPLAN

Whatsapp
Info-Gruppe

Code scannen
& beitreten.



Gültig ab: **01.06.2022**

MO	DI	MI	DO	FR	SA	SO
		09.00 / 45' / Diana LES MILLS BODYPUMP				09.15 / 45' / Team LES MILLS CORE
					10.00 / 60' / Daniela ZUMBA	10.05 / 55' / Lisa Yoga Neu: ab 18.06.2022
					11.15 / 55' / Diana LES MILLS BODYPUMP	11.45 / 60' / Diana LES MILLS BODYBALANCE
18.00 / 30' / Dani LES MILLS GRIT	18.00 / 30' / Dani LES MILLS GRIT		18.00 / 30' / Dani LES MILLS GRIT			
		18.00 / 55' / Diana LES MILLS BODYBALANCE		18.30 / 55' / Mauro INDOOR CYCLING GROUP		
18.40 / 55' / Diana LES MILLS BODYPUMP	19.00 / 55' / Mauro INDOOR CYCLING GROUP	19.35 / 60' / Daniela ZUMBA	18.40 / 60' / Diana FunTone 45 SECONDS - BE READY			
19.45 / 55' / Lisa Yoga Neu: ab 13.06.2022						